

HOPE Healthcare and Hospice

HELPING YOU BE PROACTIVE

HURRICANE PREPAREDNESS

CONTACTS

Louisiana Emergency Preparedness Information



State Resource Information

- Louisiana State Police: 1-800-469-4828
- Road Closure Hotline: 1-877-452-3683
- Red Cross Shelter Hotline: 1 800 Red Cross (1-800-733-2767)
- Medicaid Pharmacy: 1-800-437-9101 or General Hotline: 1-888-342-6207
- Medicare In a Natural Disaster: 1 800 Medicare (1-800-633-4227)
- Louisiana Office of Homeland Security(GOHSEP): 1-800-256-7036
- Social Security: 1-800-772-1213
- Alzheimer Safe Return Program: 1-888-572-8566 (always call local police)
- Federal Emergency Management Agency (FEMA): 1-800-621-3362
- Louisiana Options in Long Term Care Help Line: 1-877-456-1146
- Office of Aging and Adult Services (OAAS) Help Line: 1-866-758-5035
- Emergencies Only: 9-1-1

Local Community Resources and Other Social Services

- Louisiana State Police Local Troop: *Troop I* (337) 262-5880
- “Help Line” Information:
 - Dial 211
 - Text your zip code to 898-211
 - Dial 337-232-4357
- DOTD/road closures:
 - 511la.org
 - Dial 511
 - 888-762-3511
 - Way To Geaux app
 - alertfm.com
- American Red Cross: 337-234-7371
- Visit the National Weather Service for weather information
- <https://gohsep.la.gov/resources/resources-for-citizens>
- Information (phone number directory) 411

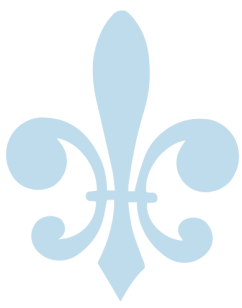


Other

Name of Local/Preferred Hospital:

Local Police:

Local Ambulance Service:



HELPING YOU BE PROACTIVE

HURRICANE PREPAREDNESS



EMERGENCY CONTACTS

Contacts you may need in an emergency

POLICE DEPARTMENT

Mobile: _____

Telephone: _____

Email: _____

INSURANCE PROVIDER

Mobile: _____

Telephone: _____

Email: _____

UTILITIES PROVIDER

Gas Co: _____

Electricity: _____

Water: _____

DOCTOR

Mobile: _____

Telephone: _____

Email: _____

HOSPITAL EMERGENCY

Mobile: _____

Telephone: _____

Email: _____

PHARMACY

Mobile: _____

Telephone: _____

Email: _____

FAMILY MEMBER

Mobile: _____

Telephone: _____

Email: _____

FAMILY MEMBER

Mobile: _____

Telephone: _____

Email: _____

NEIGHBOR

Mobile: _____

Telephone: _____

Email: _____

FAMILY MEMBER

Mobile: _____

Telephone: _____

Email: _____





HOPE Healthcare and Hospice

Hurricane Preparedness Kit Checklist



Often in an emergency or disaster, electricity, water, internet or telephone service may not work. Everyone should have basic supplies in order to survive in the event of an emergency.



1. Food & Water

One gallon of water per day. Electrolyte beverages are also a good source of hydration. Foods ready to eat and not perishable, preferably rich in B12 vitamin and low in sodium. Vitamin supplements can help prevent nutritional deficiencies



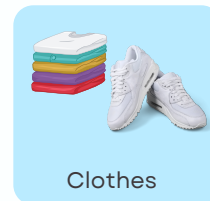
2. Radio, Flashlight & Signaling Devices

Battery-powered radios and/or a NOAA weather radio. A solar or battery-operated flashlight. Batteries, oxygen systems, etc. Also, a cell phone with chargers, extra batteries, and a whistle to possibly signal for help.



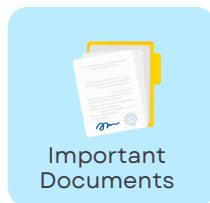
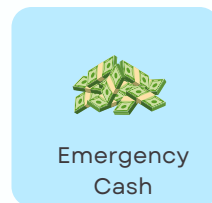
3. Medical Needs & Supplies

First-aid kit, medical insurance, and Medicaid/Medicare cards. Prescription medicines and copies of prescriptions can be refilled for up to six months—medical-alert tags or bracelets with information about healthcare needs.



4. Clothing & Daily Use items

Blankets, extra clothing and comfortable shoes. Spare eyeglasses, personal hygiene items.



5. Important Documents

Copies of family records and other important documents such as birth and marriage certificates. Social Security cards. Passports. Wills, deeds, financial, insurance, and immunization records -all stashed in a sealed waterproof bag. Emergency-contact list to reach family and friends. Plenty of extra cash since access to banks and ATMs may be limited.

An emergency supply kit must be robust and contain enough food, water, medicine, and other consumables to last seven to ten days.